
Larchmont Soccer Club Procedures



1. In addition to this document, see related:

- Rules for Recreational Season (under Rules & Procedures on the website)
- Game Schedule for your Division (accessible from the home page or through the Sidelines App)
- Rules for Division Championships and Pele Cup Tournament

2. Game Fields

- Minor Divisions – Flint Front
- Intermediate Divisions – Flint Back
- Major Divisions – Alma Turf, Flint Park and Hommocks 1
- High School Divisions - Hommocks 1 and Alma Turf in Flint Park (Note re Alma Turf: only water in re-usable containers, no juice or energy drinks, etc, and only players and coaches on the field.)

3. Practice Fields (Weekdays)

Our league has permits for certain hours (below) and we require strict adherence to this schedule due to extremely limited field space in the community. If there are any high school Varsity or Junior Varsity games or Modified games still in progress on any field, DO NOT ENTER. Stay off the field until the game is over.

4. Permits

Day	Field	Time
Monday	Flint Park Front	4:00pm - dusk
Tuesday	Flint Park Front	4:30pm - dusk
Wednesday		No practice
Thursday	Flint Park Front	4:00pm - dusk
	Flint Park Back	5:00pm - dusk (not until field hockey is done)
Friday	Flint Park Front	3:30pm - dusk
	Flint Park Back	5:00pm - dusk (not until field hockey is done)
	Hommocks 1	5:15pm - dusk (Minors only)

5. Conducting Practices

- On Fridays, Hommocks is reserved for the Minors.
- Do NOT practice when it is raining, or when the fields are wet. They all get extremely heavy use and need to be protected if they are to last the whole season. Use common sense; if in doubt, do NOT practice.

- Do NOT warm up or practice on the Little League field at Lorenzen under any circumstances.
- Do NOT practice at Willow Park; this is a Police Dept instruction due to the lack of parking there.
- Do NOT practice at Harbor Island with the exception of the Joint Mamaroneck/Larchmont Major Division - we do NOT have a permit. In any case, it is reserved for Mamaroneck Junior Soccer League programs.
- Do NOT leave litter, water bottles, articles of clothing, (and even soccer balls!) on the field after your practices and games.
- Only water is allowed on Alma and the High School turf fields. NO food and NO sports drinks.
- In case of thunder and lightning, please get everybody off the fields immediately and remain in a sheltered area/car until 30 minutes after the last strike.

6. Games

Minor Divisions	10 v 10 (min. 7 v 7)	2 x 20 minute halves	Size #4 ball
Intermediate Girls	9 v 9 (min. 6 v 6)	2 x 25 minute halves	Size #4 ball
Intermediate Boys	10 v 10 (min. 7 v 7)	2 x 25 minute halves	Size #4 ball
Major Divisions	11 v 11 (min. 7 v 7)	2 x 25 minute halves	Size #5 ball
High School Divisions	11 v 11 (min. 7 v 7)	2 x 25 minute halves	Size #5 ball

*Format may be changed at the commissioner's discretion.

7. Points System

Win – 3 points, Tie – 1 point, Loss – 0 points.

8. Miscellaneous Rules of the Game

- Goalies cannot go outside the penalty box carrying the ball in their hands – this infraction results in a direct kick to the opposition right on the edge of the penalty area (and possibly also a yellow card for deliberate handball).
- Goalies may, however, dribble the ball outside the box, provided they release it from their hands while inside.
- Remember that goalies may NOT play a back pass from a field player with their hands; instead they should play it with their feet. However, it should be noted that this applies to a deliberate or intentional back pass only. Goalies MAY play with their hands balls directed unintentionally towards them, e.g. mis-kicks or deflections.
- If a coach holds onto the ball at a throw-in to give tactical instruction to their team, he/she will be given a yellow card for delay of game and unsportsmanlike conduct. It is

worth pointing out that quickly taken throw-ins can provide a tactical advantage if the opponent is slow to set their defense, and thus should be encouraged.

8. Specific Rules for use of Alma at Flint Park

- Only players, coaches and referees are allowed on the turf.
- Players may NOT enter the field until their coach is present and under no circumstances should anyone enter while another game is in progress. Players in the 11am game on Alma may not enter the field until after the 10am first grade program has finished.
- Only water in a clear, reusable container is allowed on the field. All food and other drinks are expressly forbidden.
- Sneakers, turf shoes or rubberized (molder) cleats are permitted. Metal cleats are NOT allowed.
- Coaches are responsible for ensuring these rules are followed; please make sure your players and parents are aware of them.

9. Game Day Procedure

- Home Team coaches of the first game of the day (normally 8:30) puts out goals and must ensure that sand-bags are placed on goals – the goals can blow easily and cause injury.
- Home Team coaches of the last game of the day (you will know you are the last game if no teams are warming up to follow you) must move the goals and clear all garbage from the field. Storage of Flint Front Goals: after final game of the day, place goals face to face (so that they can be locked) at Hommocks School end under the trees; Storage of Flint Back Goals: after final game of the day, place goals face to face next to the paddle tennis courts. Also, ensure that ALL fields are cleared of all trash (and clothing and soccer balls!
- Parents of players should be on one side of the field, coaches and players on the other.
- Home Team coaches must provide properly inflated game balls.
- Before the game, check that all players are wearing shin-guards, and that all watches, earrings, jewelry, bandanas, etc. have been removed.
- Substitutions at the quarter. Coaches should have their changes pre-planned, and quickly implement them. It is not a time for players to come off the field, or for coaches to enter the field; the process should take no longer than 1 minute . We have a tight schedule to maintain in order to get through the day's program. Game length is adjusted by referees to accommodate the overall schedule. (Senior division subs on the fly)
- Keep players off the goal-nets; they are easily damaged and are expensive to replace. Players found damaging the goal nets may be suspended for a minimum of one game.
- After the game, clear the sidelines of all trash (and possessions!).
- Both coaches must log results into ljsl.org as soon as possible after the game. If this is done promptly, results and standings will be published on the website in a timely manner. Referees will also report the score separately.

10. Inclement Weather

Coaches and players are expected to show up at the designated field unless they are notified by phone or website hotline of a rainout. Only referees or League officials may cancel games.

If the decision to take one or more fields out of service is made before 7:30 am, an email blast will go out. On select days we will try to ask teams playing in the afternoon to wait for a second call at 12 noon if it is thought the field might dry. In the event of a rainout, games will be re-scheduled at a later date – subject to availability of fields. Whenever possible games rained out on Saturday will be played on Sunday (the next day). If a referee terminates a game due to inclement weather, the game is replayed if the termination took place in the first half. If the game terminated in the second half, the game is considered finished and the score stands.

12 . End of Season Lunches/Dinners

At the end of the season, we invite the players and parents to celebrate with their team at a lunch or dinner held at Beach Point Club in Orienta. We provide updates with details over the course of the season.

13 . Feedback on Referees

We welcome substantive and qualified feedback on the performance of referees, both positive and negative.

Email referee feedback to our ref coordinator at larchmontrefs@gmail.com. This will help us in two important ways: (a) identifying referees requiring additional training or guidance, and (b) assisting in assigning referees to age divisions appropriate to their experience and performance. Please consider the age of the referee in your feedback.

13 . Parking

This is especially difficult at Flint Park. Parking regulations will be strictly enforced by the Police Department, and illegally parked cars will be ticketed. Parents are encouraged to park at Hommocks School, where there are plenty of spaces.